

PE at OJS

We will continue to offer a range of PE activities throughout the restrictions but for the safety of our pupils and staff we have adapted our offer. Unfortunately, this has meant we are unable to teach some aspects of PE which require close contact in indoor spaces. The activities we are participating in are in line with the latest government guidelines on current restrictions in school sport. As a result of this, during these restrictions we will be unable to get complete curriculum coverage. We have also had to change the order in which each year group accessing different sports and activities to avoid equipment crossing between bubbles.

Unfortunately, during the restrictions we have had to severely limit our extra curricular PE provision. No lunch time clubs will be happening and only one afterschool Multi-sports session per year group, per week.

What we are doing:

- All PE lessons are taking place outside.
- Short wake and shake/go noodle learning can take place in the classroom throughout the day as long as children are spaced out and it is not causing excess heavy breathing.
- Each bubble has their own equipment for activities and any large equipment that has to be shared is wiped down with virucidal spray.
- All children are coming to school already in PE kit on the days they have PE lessons. This avoids unnecessary movement around the classroom and extra items being brought into school from home.

During PE lessons we:

- Hands are washed/sanitised before and after PE lessons.
- Lessons are planned to allow children to practise social distancing within lessons.
- Where relevant, we are moving away from a games based curriculum to focus more on skills to limit interaction between children.

Mrs R Chalk
PE Lead