



MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY




WEEK 1* 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,
2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

OPTION ONE	Lamb Chilli	NEW Toad in the Hole with Gravy	Roast Loin of Pork & Apple Sauce with Gravy	Margarita Pizza	Fish Fingers or Salmon Fingers
OPTION TWO	Lamb Chilli	Toad in the Hole with Gravy	Roast Chicken	Margarita Pizza	Fish Fingers
OPTION THREE	NEW Homemade Vegetable Pasty	Veggie sausage Toad in the Hole	NEW Cheese & Baked Bean Puff	Roasted Pepper Pizza	Quorn Dippers
OPTION FOUR	Jacket Potato with Baked Beans 	Tuna Crunch Wrap	Vegetarian Chilli 	Coronation Chicken Wrap	Jacket potato with Vegetable Bolognese
CARBS	Fluffy Rice Parsley Potatoes	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes	½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes
VEGETABLES	Roasted Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Rhubarb & Custard Cake Strawberry Whip	NEW Apple Berry Fool Shortbread Biscuit	Oatie Fruit Crunch & Custard Cheese & Biscuits	NEW Dutch Apple Cake Iced Bun	Vanilla Ice Cream Flapjack

WEEK 2* 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December,
2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

OPTION ONE	Minced Lamb Casserole with Dumplings	Roast Chicken & Stuffing with Gravy	Sausage In Onion Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	Minced Lamb Casserole with Dumplings	Roast Quorn fillet & Stuffing with Gravy	Chicken Sausage in Onion Gravy	NEW Leek & Butter Bean Crumble	Vegetable Nuggets 
OPTION THREE	NEW Vegetable Casserole with Dumplings	Roast Quorn fillet & Stuffing with Gravy	Vegetable Sausage in Onion Gravy	Roasted Pepper Pizza	Quorn Dippers
OPTION FOUR	BBQ Bean Wrap 	Jacket Potato with Cheese	NEW Pepper Frittata	Tuna Mayonnaise in Pitta with Crunchy Cabbage Salad	NEW Roasted Chickpea Wrap
CARBS	Roast Potatoes Potatoes in Skins	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes Pasta in Tomato Sauce	Garlic Bread Potatoes in Skins	Chips Fluffy Rice
VEGETABLES	Green Beans Carrots	Peas Cauliflower Cheese	Medley of Roasted Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Banana Cake Berry Cheesecake	Chocolate Sponge & Chocolate Sauce Butterscotch Whip	Lemon Drizzle Cake Oat Cookie	NEW Orange Jelly with Mandarins Cherry Shortbread	Strawberry Ice Cream Crispy Cake

WEEK 3* 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December,
2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE	Organic Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	NEW Roast Chicken & Yorkshire pudding with Gravy	Chicken & Vegetable Pie	Fish Fingers or Salmon Fingers
OPTION TWO	Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	Roast Chicken & Yorkshire pudding with Gravy	Chicken & Vegetable Pie	Fish Fingers
OPTION THREE	NEW Carrot Balls in a Homemade Tomato Sauce	Margarita Pizza	NEW Mixed Bean Tagine 	Creamy Vegetable Pie	Vegetable Fingers 
OPTION FOUR	NEW Vegetable Bean & Sweetcorn Croquette	Tandoori Salmon Wrap	NEW Stuffed Potato Boat with Cheese & Peppers	NEW Chicken with Yoghurt & Dill in a Pitta Bread	NEW Frittata Muffin
CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells Parsley Potatoes	Roast Potatoes Roasted Veg Cous Cous	Creamy Mashed Potatoes ½ Jacket Potato	Chips Pasta Shapes with a Homemade Sauce
VEGETABLES	Carrot Rounds Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Peach & Raspberry Crumble & Custard Chocolate & Sweet Potato Brownie	NEW Banana Cupcake NEW Fresh Fruit salad 	Rice Pudding Orange Drizzle Cake	NEW Apple Sponge & Custard Chocolate Crunch Cookie.	Vanilla Ice Cream Cherry Shortbread