

5.9.22

Re: PE and PPA days

Dear Parents / Carers,

Each class teacher is entitled to time out of class to prepare, plan and assess learning (PPA time). At OJS, we use qualified teachers and coaches to run the sessions and we are proud of the enrichment activities we offer which include Forest School, Food Routes (cooking), Art and PE. Foundation subjects will also be taught during these sessions throughout the year.

Please find below the timetable for the PPA days for the forthcoming year. Pupils will need to wear PE kit (when they are doing PE).

Forest school clothing: Please could you ensure that pupils are wearing suitable clothing, as close to school uniform as possible, when they come to school e.g (legs and arms covered, warm clothes, waterproof coats and sturdy shoes or wellies in a bag – we do have some spares so don't buy any).

***Please note that Forest School won't start until week beginning 12th September as Mrs Scott is on the Y6 Kingswood residential.**

PPA sessions timetable 2022/23			10 weeks		9 weeks		9 weeks		10 weeks	
Start week beg:			05/09/2022	10/10/2022	12/11/2022	02/01/2023	06/02/2023	13/03/2023	01/05/2023	12/06/2023
End week beg:			03/10/2022	12/11/2022	12/12/2022	30/01/2023	06/03/2023	24/04/2023	05/06/2023	10/07/2023
Number of weeks:			5 weeks	5 weeks	4 weeks	5 weeks	4 weeks	5 weeks	5 weeks	5 weeks
Block:			1	2	3	4	5	6	7	8
Y5 and Y6	Mrs Scott - Forest school	Tues am	5D	5PM	6G	6R	5S	5W	6S	6PR
	Mrs Cooper - Food Routes	Tues am								
	Mrs Hallows - Art	Tues am	5PM	5D	6R	6G	5W	5S	6PR	6S
	Mr Evans - foundation	Tues am	5S	5W	6S	6PR	5D	5PM	6G	6R
	Mrs Malkin - Foundation	Tues am	5W	5S	6PR	6S	5PM	5D	6R	6G
	Mrs Scott - Forest school	Tu pm	6G	6R	5D	5PM	6S	6PR	5S	5W
	Mrs Cooper - Food Routes	Tu pm								
	Mrs Hallows - Art	Tu pm	6R	6G	5PM	5D	6PR	6S	5W	5S
	Mr Stephens - PE	Tu pm	6S	6PR	5S	5W	6G	6R	5D	5PM
Mrs Malkin - Foundation	Tu pm	6PR	6S	5W	5S	6R	6G	5PM	5D	
Y3 and Y4	Mrs Scott - Forest school	We am	4B	4BD	3A	3C	4CT	4M	3G	3Q
	Mrs Cooper - Food Routes	We am								
	Mrs Hallows - Art	We am	4BD	4B	3C	3A	4M	4CT	3Q	3G
	Mrs Lisseman - foundation	We am	4CT	4M	3G	3Q	4B	4BD	3A	3C
	Miss Dighton - foundation	We am	4M	4CT	3Q	3G	4BD	4B	3C	3A
	Mrs Scott - Forest school	We pm	3A	3C	4B	4BD	3G	3Q	4CT	4M
	Mrs Cooper - Food Routes	We pm								
	Mrs Hallows - Art	We pm	3C	3A	4BD	4B	3Q	3G	4M	4CT
	Mr Stephens - PE	We pm	3G	3Q	4CT	4M	3A	3C	4B	4BD
Mrs Lisseman or Miss Dighton - Foundation	We pm	3Q	3G	4M	4CT	3C	3A	4BD	4B	

PE

Each class will have two PE sessions a week. There will be lessons following the PE curriculum and a session with Mr Stephens to develop mindfulness and fitness. This session is called Friday Fitness and the whole school will take part on Friday afternoons.

The table below shows the days pupils need to be in their kit. This is going to change as the year moves on due to timetabling but we will communicate this with you in advance.

PE Kit

We have got used to and benefit from pupils wearing their PE kit all day on their PE days. We are continuing with this routine this year. We do have high standards for PE kit as it is a part of the school

uniform. There are clear guidelines on PE uniform expectations below.

PE days for 5th September to 12th November 2022.

3A – Thursday and Friday
3C – Thursday and Friday
3G – Wednesday and Friday
3Q – Wednesday and Friday
4B – Tuesday and Friday
4BD – Friday
4CT – Friday
4M – Tuesday and Friday
5D – Wednesday and Friday
5PM – Thursday and Friday
5S – Monday and Friday
5W – Monday and Friday
6G – Thursday and Friday
6PR – Monday and Friday
6R – Monday and Friday
6S – Tuesday and Friday

As children will attend school wearing PE kit on their PE days, we must insist on high standards of PE kit and ensure children still look smart whilst in school, but are dressed appropriately for PE. If your child is not in appropriate kit, we will call to request that this is dropped off at school for them to change in to. We have allowed a certain amount of flexibility post COVID to ensure and allow everyone to participate fully. We are now back to full PE lessons and timetables and so must insist on Overdale PE kit.

PE Tops



Plain white round neck t-shirt (no logos or patterns)



Royal blue round neck jumper

- No hoodies
- No football tops
- No coloured tops

PE Bottoms and shoes



Plain black jogging trousers
(small sports logo acceptable, no patterns)



Plain Black leggings
(small sports logo acceptable, no patterns)



Plain black shorts
(small sports logo acceptable, no patterns)



Sensible trainers, appropriate for sport
(any colour)

Jewellery

- Small set of ear studs only (no ear studs allowed for PE at all – they must be removed by child as staff cannot do this and tape will not be applied). No other piercings allowed.
- 1x item of religious jewellery e.g. kara (this should be removed for PE)
- No makeup is permitted – children will be asked to remove this if it is worn to school. This includes painted nails.

Kind regards,
M. Evans
Head Teacher