

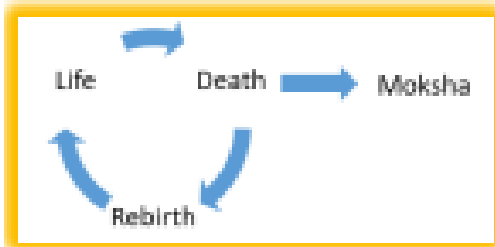


Year 6 Religious Education – Why do Hindus try to be good?

What should I already know?

- Hindus believe in one God 'Brahman', who is represented in many different ways through gods and goddesses or deities.
- They believe that the first sounds made was 'Aum' and this symbol is the main Hindu symbol.
- The three main deities are; Brahma, Vishnu and Shiva and are called the 'Trimurti'.
- Hindu believe that the spark of Brahman is in each one of them.

Samsara – cycle of life and reincarnation



Aum – the Hindu symbol

Key Vocabulary and definitions

Karma	The idea that actions have consequences and one person's actions will have an effect on their next life
Dharma	Hindu duty
Brahman	The supreme, universal spirit that is eternal and unchanging. Some Hindus refer to Brahman as God
Moksha	Enlightenment, the end of reincarnation and being with Brahman
Samsara	The cycle of birth, death and rebirth
Reincarnation	Being born again in another body after you die
ashramas	Four main stages of life
Ahimsa	Harmlessness or non-violence
Atman	A person's soul or spirit

Quotes from Gandhi

"In a gentle way you can shake the world."

"If all Christians acted like Christ, the whole world would be Christian."

"First they ignore you, then they laugh at you, then they fight you, then you win."

"An eye for an eye and everyone shall be blind."

"Whenever you are confronted with an opponent, conquer him with love."

Key knowledge

- Gandhi lived in India 100 years ago. He fought against the British rule of his country. He believed in peaceful protests. Gandhi showed that peaceful protests could work.
- The Hindu story of 'The man in the well' is used to illustrate how it is easy to focus on the physical world but the more important thing to do it to focus on true nature and the universe. To connect your atman with Brahman.
- All Hindus follow the dharma to guide their lives and help them reach enlightenment.