

6th June 2017

Dear Parent / Guardian

In association with Sustrans (the sustainable transport charity) Overdale Infant and Overdale Junior Schools are taking part in **Clean Air Day on Thursday the 15th of June.**

Clean Air is so very important, especially for young children. Poor air quality increases the risk of serious illness and can make airway conditions such as Asthma much worse.

On the 15th of June Overdale Schools would really like families to support the day by walking, cycling and scooting to school. If you do need to drive to school please do consider parking a few streets away and walking the last part of the journey.

To celebrate Clean Air Day we will be holding several events at the school.

In the morning there will be a Dr Bike (free bike checks, pumping up tyres, adjusting brakes) for all those children who cycle to school. There will be extended cycle parking.

The main event is after school for families in the Flat playground, there will be a walking / cycling / scooting mini festival, which will include:

- A mechanic carrying out small bike repairs
- A family pledge zone, with prizes
- 'Strider' the local walking mascot will be making an appearance
- Cycle / Scooter courses and games including child and parent competitions
- An Electric Bike try- out and a folding bike try- out.
- An information stall with all the Ride Leicester information including the August closed streets City Bike Ride.

If you have any questions please feel free to contact Anna on 07747118824 or by email, anna.singleton@sustrans.org.uk . Alternatively, you can speak to Mr. Massey in the Junior School. We hope it will be a really fun family event and we hope you will be able to join us.

Anna Singleton

Sustrans Schools Officer

S Massey

Outdoor Education Teacher, Overdale Junior School

