4th December 2018



Just Cook for Fun After School Cookery Club

Would you like the opportunity to cook for free with your children in a fun environment after school?

We are recruiting now for our *new and improved* Just Cook Club in the New Year 2019. School aged children (from infants through to secondary pupils) can join us for the 5-week course starting in January 2019 (Thursday 17th January). Normally the club runs on a Wednesday or a Thursday afternoon, alternating each half term to accommodate more people. The sessions are from 3.40-5.00pm in the Healthy Hut with Mrs Colley and Mrs Rayat. All ingredients are provided free of charge and you will be able to take home your cooking.

This is a great chance for you to spend quality time preparing food and cooking with your children and can often help with self-confidence, fussy eaters and widening your family's food repertoire. If you are interested, please complete the slip and return it by Friday 14th December 2018. We would like to create a waiting list to ensure we accommodate everyone who would like to join in with our family cookery. Even if you attended last year we can add you to the waiting list.

We have new recipes for you to try out and guaranteed fun! Here are some recent testimonials: Great family atmosphere, lots of fun! Thank you we both really enjoyed it. We will miss coming! Excellent for enthusing children about food.

 $\label{thm:condition} \textit{Very happy with the staff and definitely worth coming to the cooking class}.$

Loved every minute- thanks!

Yours sincerely

Mrs K Cooper

Mrs K Cooper

Food Routes Co-ordinator

OVERDALE JUNIOR SCHOOL	JUST COOK COOKERY CLUB 2019		REPLY SLIP
Child name			Class
I would like to go on the waiting list for W	/ednesday sessions in 2019		
I would like to go on the waiting list for Thursday sessions in 2019			
I have already taken part in Just Cook sind	ce Sept 2018		
Parent Name	Mob No		