

## Notes from the SNAG/Parents Forum Meeting – 22<sup>nd</sup> January 2019

I would like to thank Mr Martin Davies and Mrs Vicky Ball for attending the **School Nutrition Action Group** meeting today 22 January and I would like to report back on a few things that were discussed with the Infant and Junior school councils and Mrs Paula Hurst from LTS Catering.

Some menu changes include: swapping the chocolate sauce for chocolate custard, adding some different vegetables like whole sweetcorn or roasted vegetables, putting cheese on top of the jacket potato so it melts and adding few more condiments or occasionally sauces. One pupil asked if we could stop using plastic ice cream lids and have cones instead. It was agreed to include ice cream wafers sometimes instead of sauces sometimes. Children were reminded to help themselves to freshly baked bread and salad if they were still hungry.

Children were asked for their ideas how we can get the dinner bands sterilised on a regular basis and returned back to classes.

Mr Davies asked how many of the five a day fruit and vegetables are included in school dinners and Mrs Hurst said 3 of the 5. Half of the puddings served contain fruit to ensure children are being helped towards five a day. In response to complaints about steamed pear pudding and pineapple upside-down cake Mrs Hurst said children generally have a choice of 4 different puddings including yoghurt and fruit, and these are not pre-ordered. The Infant children said they had previously asked for smaller dessert portions because they found them too large. Mrs Hurst said she would remind the kitchen staff.

Mrs Ball asked about portion sizes and was informed that small allowances are made for infant and junior children in terms of portions eg infants get 50g protein and juniors get 60g per serving while infants get ½ a baked potato and junior children usually get a whole one, depending on the size of the potatoes. In addition children can help themselves to bread and the salad bar. Unfortunately second helpings are not served due to our pre-ordering system which helps reduce food waste.

Children from both Infant and Junior Schools said they would like blinds in the dining hall because the sunlight streaming in through the windows is uncomfortable. This is a funding issue that would need to be considered by both schools. We are also considering putting more recycling bins in the dining hall. Children who have packed lunches are asked to take home all their waste so parents can see how much is being eaten. The kitchen is going to take part in a composting scheme for fruit and vegetable peelings. Some children said occasionally the cutlery runs out, Mrs Hurst said she has ordered more and reminded children not to let them drop into the food waste bin.

There's lots of new Food for Life information and pictures on the school website [www.overdale-jun.leicester.sch.uk](http://www.overdale-jun.leicester.sch.uk) under *Learning at OJS* and *Food for Life* tab. In addition the Media Team is working on a video about Food for Life called **Going for Gold!**

Pupils were reminded that we are encouraging as many children as possible to have hot dinners and we are inviting parents/carers to come and enjoy school meals with us over the next few months. Here is a reminder of some of those events:

**Welcome Wednesdays – Come Dine With Us!**

**30 Tickets for each event – please order yours now £2.94 each - first come first served!**

**Y3 Wednesday 6<sup>th</sup> February 2019, 1145-1245pm  
Y4 Wednesday 27<sup>th</sup> February 2019, 1145-1245pm  
Y5 Wednesday 6<sup>th</sup> March 2019, 1145-1245pm  
Y6 Wednesday 27<sup>th</sup> March 2019, 1215-1.15pm**

**Teatime Special:**

**Curry Night – Wednesday 13<sup>th</sup> February 2019, 4.45- 5.30pm  
Taking orders now at Overdale Junior and Infant Schools, 100 tickets only!**

**You may be aware that the Junior School is going paperless and so information is being sent home by email. Please check your Inbox for regular messages and updates.**

**School Photographs – Your help please!**

Deputy Head Teacher Mrs Lucy Collins would like to know your opinion about the school photos by Zig-Zag that were sent home at Christmas and if your thought they were good value for money. We usually have individual photos taken in Autumn and Class photos in the Spring term. Would you like us to consider a different photography company for our class photos? How much would you like to pay for the photograph and what about sizes? We would be pleased to hear your comments by emailing the office [admin@overdale-jun.leicester.sch.uk](mailto:admin@overdale-jun.leicester.sch.uk) or letting them know via a note.

Thank you for your help in this matter.

**Parent Forum Diary Dates:**

The next informal drop-in sessions will take place in the Healthy Hut on Monday 11th and Tuesday 12<sup>th</sup> February 2019 at Overdale Junior Parents' Evening.