



SILLY SOCK DAY 2019

Friday 5th April
#SillySockDay

Autism East Midlands invite you to join us during Autism Awareness Week to raise awareness of autism by wearing the **silliest set of socks** you can get your hands on!

By donning your most ridiculous socks on **Friday 5th April** you can help support autistic individuals by raising funds and awareness. We'd love to see what you get up to, so be sure to share images of your fetching footwear on social media! You can do this by using **#SillySockDay** and tagging us in your post.

We want the day to be a huge success in the region, so it'd be fantastic if you could invite anyone you know to take part - friends, family, schools, community groups and work colleagues can all get involved - the more the merrier!



We'd love to hear what you have planned so we can give you advice and provide you with fundraising materials, so get in touch with us by visiting:

www.autismeastmidlands.org.uk/sillysockday2019

Autism
East Midlands



For more information...
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This information can be provided in a more accessible format by contacting enquiries@autismeastmidlands.org.uk

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