

Summer Lunch Time Menu

Overdale Junior School

week two

5th May
26th May
16th June
7th July
28th July
18th August
8th September
29th September
20th October
10th November
1st December
22nd December
12th January
9th February
2nd March
23rd March

Monday Tuesday Wednesday Thursday Friday

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)

Served with 1/2 Jacket Potato,
Sweetcorn (V) & Baked Beans

Chicken Stir Fry

Served with Noodles, Rice &
Seasonal Vegetables

Roast Chicken, Stuffing &
Gravy

Served with Roast Potatoes &
Seasonal Vegetables

Farm Assured Pork Sausages
& Gravy

Served with Creamy Mashed
Potatoes & Seasonal Vegetables

Battered Fish

Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Cheese & Tomato Pizza (V)

Served with 1/2 Jacket Potato,
Sweetcorn (V) & Baked Beans

Halal Chicken stir Fry

Served with Noodles, Rice &
Seasonal Vegetables

Halal Roast Chicken,
Stuffing and Gravy

Served with Roast Potatoes &
Seasonal Vegetables

Halal Chicken Sausage
and Gravy

Served with Creamy Mashed
Potatoes & Seasonal Vegetables

Battered Fish

Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Vegetarian Chilli (V) (VG)

Served with 1/2 Jacket Potato, or
Rice and Sweetcorn

Macaroni Cheese &
Garlic Bread (V)

Served with Seasonal
Vegetables

Roast Quorn Fillet,
Stuffing and Gravy (V) (VG)

Served with Mashed Potatoes
& Seasonal Vegetables

Quorn Sausage
and Gravy (V) (VG)

Served with Creamy Mashed
Potatoes & Seasonal Vegetables

Fishless Fingers (V) (VG)

Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

ASSORTED Breads
Baked daily by our school chefs

FRESH FRUIT
and Yogurt

Mixed Salad
SELECTION

Iced Sponge & Sprinkles (V)
Coconut Biscuit (VG)

Strawberry Jelly with
Chopped Fruit (VG)
Butterscotch Tart (V)

Fresh Fruit Salad (VG)
Jambo Biscuit (V)

Flapjack (VG)
Chocolate Mousse (V)

Ice Cream Roll (V)
Viennese Biscuit (VG)



Menus are planned to comply with the current Government School Food Standards, we endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.

LTS Catering Services