

Summer Lunch Time Menu

Overdale Junior School

week three

12th May
2nd June
23rd June
14th July
4th August
25th August
15th September
6th October
27th October
17th November
8th December
29th December
19th January
16th February
9th March
30th March

Monday Tuesday Wednesday Thursday Friday

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)
Served with 1/2 Jacket Potato,
Coleslaw & Sweetcorn

Chicken Mexican
Wrap & Salsa
Served with Savoury Rice
Sweetcorn & Peas

Roast Chicken, Stuffing
& Gravy
Served with Roast Potatoes
& Seasonal Vegetables

Beef Bolognaisé
Served with Pasta &
Seasonal Vegetables

Chicken Nuggets
Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)
Served with 1/2 Jacket Potato,
Coleslaw & Sweetcorn (V)

Halal Chicken Mexican
Wrap & Salsa
Served with Savoury Rice
Sweetcorn & Peas

Halal Roast Chicken,
Stuffing and Gravy
Served with Roast Potatoes
& Seasonal Vegetables

Halal Lamb Bolognaisé
Served with Pasta &
Seasonal Vegetables

Halal Chicken Nuggets
Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Macaroni Cheese &
Garlic Bread (V)
Served with Coleslaw &
Sweetcorn

Mexican Style Roasted Veg
Wrap & Salsa (V) (VG)
Served with Savoury Rice
Sweetcorn & Peas

Roast Quorn Fillet,
Stuffing and Gravy (V) (VG)
Served with Roast Potatoes
& Seasonal Vegetables

Vegetarian Bolognaisé (V) (VG)
Served with Pasta &
Seasonal Vegetables

Vegetable Nuggets (V) (VG)
Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Chocolate Tart (V)
Caramel Biscuit (VG)

Iced Sponge (V)
Cheese & Biscuits served
with Grapes (V)

Lemon Muffin (V)
Oaty Biscuit (VG)

Orange & Mandarin Jelly (VG)
Custard Biscuit (V)

Ice Cream Roll (V)
Vanilla Cookie (VG)

ASSORTED Breads
Baked daily by our school chefs

FRESH FRUIT
and Yogurt

Mixed Salad
SELECTION



Menus are planned to comply with the current Government School Food Standards. We endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.

LTS Catering Services